

# **Personal Defense For Women**

**By Gila Hayes;Gila May-Hayes**

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and learn the secrets to successful self defense for women, In Personal Defense for Women, author Gila Hayes teaches you the building blocks to the self

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**Amazon.co.uk: Gila May- Hayes: Books, Biogs, -**

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Home / Personal Defense for Women; Personal Defense for Women. In Personal Defense for Women, author Gila Hayes, a police veteran in the state of Washington,  
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### **The Home Defense Shotgun For Women - Part 2 | Gun -**

as it is feared that the long firing pin may crack from vibrations that run This is an excerpt from the new Personal Defense for Women About Gila Hayes

<http://www.gundigest.com/guns/shotgun-reviews-articles/tactical-home-defense-shotgun-women2>

### **Gila Hayes (Author of Personal Defense for Women) -**

Gila Hayes is the author of Personal Defense for Women (4.27 avg rating, 15 ratings, 1 review, published 2009), Gila Hayes s Followers (1)

[http://www.goodreads.com/author/show/1261309.Gila\\_Hayes](http://www.goodreads.com/author/show/1261309.Gila_Hayes)

### **Get to Know the Network Leaders -**

Inc. is the idea of the Network s President Marty Hayes, GILA HAYES. Gila Hayes manages Effective Defense and Personal Defense for Women and Concealed

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### **Hayes Gila and Ayoob Massad - AbeBooks -**

Personal Defense for Women. Gila Hayes, Gila May-Hayes, Massad Ayoob (Foreword) Published by Gun Digest Books. ISBN 10: 1440203903 ISBN 13: 9781440203909. New

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### **Personal defense for women (Book, 2009) -**

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### **Personal Defense for Women by Gila Hayes, Massad -**

Personal Defense for Women by Gila Hayes, In "Personal Defense for Women," author Gila Hayes shows you how to build awareness to Principles of Personal Defense.

<http://www.alibris.com/Personal-Defense-for-Women-Gila-Hayes/book/11961186>

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Click here to learn more about the new Personal Defense for Women, Practical Advice for Self Protection Gila Hayes has been a staff instructor for the Firearms

<http://www.gundigest.com/article/tactical-home-defense-shotgun-women1>